

#### **MAY 2024**

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# Dear <<First Name>>

Welcome to the May instalment of your Digital Mental Health Innovation Cluster newsletter.

We use these newsletters to update key information that may be relevant to our cluster.

Being a member of our cluster enables you to join our events, to share knowledge and learn from global exemplars. If you know anyone who would like to receive the newsletter please forward it to them and ask them to join our network for free using the links at the bottom of this email.

Our LinkedIn DMHIC group is a platform for members to connect, collaborate and share information between events. The link to join can be found at the bottom of this newsletter.

We hope you find this newsletter informative, and we always welcome feedback!

#### Contact us:

Joanne Boyle DMHIC Strategic Lead: joanne.boyle@dhi-scotland.com Anna Whyte DMHIC Project Support Assistant: <u>anna.whyte@dhi-scotland.com</u>

Happy reading!

**Upcoming DMHIC Events:** 

In 2024, the DMHIC is poised to set the stage for an array of captivating sectorspecific events and spotlighting the latest digital mental health trends. From insightful webinars to interactive in-person experiences, our calendar promises diversity in format and depth in content.

As we embark on the early phases of event planning, we're eager to unveil more details in the coming weeks. Stay tuned for announcements through our social media channels and upcoming newsletters. Your engagement and input is key as we shape the future of digital mental health innovation together.

### Innovate UK Mindset-XR Roadshow

Discover more on the Innovate UK's Mindset-XR funding and Mindset-XR Innovation Support Programme and why they believe that emerging extended reality technologies offer real hope for the millions of people impacted by mental illness in the UK.

You can catch them in Leeds, Glasgow, London, Cardiff and Exeter, and full details of the events and how you can get free tickets are below.

# Immersive Technology in Mental Health North of England road show, inperson event

Tuesday 25 June, 9.30am - 4pm Horizon Leeds 2 Kendall Street, 3rd Floor, <u>Leeds</u>, LS10 1JR Find out more and <u>get your tickets here.</u>

# Immersive Technology in Mental Health Scotland road show, in-person event

Thursday 27 June, 10am - 2.30pm Advanced Research Centre (ARC), University of Glasgow 11 Chapel Lane, **<u>Glasgow</u>**, G11 6EW Find our more and <u>get your tickets here.</u>

# Immersive Technology in Mental Health South East road show, in-person event

Tuesday 02 July, 9.30am - 4pm Robens Suite, Guy's Hospital Great Maze Pond, <u>London</u>, SE1 9RT Find out more and <u>get your tickets here.</u>

Immersive Technology in Mental Health Wales road show, in-person event Monday 8 July, 9am - 4pm Life Sciences Hub Wales 3 Assembly Square, <u>Cardiff</u>, CF10 4PL Find out more and <u>get your tickets here.</u>

# Immersive Technology in Mental Health South West road show, hybrid event Friday 19 July, 11am - 3pm Health Innovation South West Pynes Hill, <u>Exeter</u>, EX2 5FD

Find out more and get your tickets here.

# **ECHAlliance Podcast:**

Our partners at <u>The Global Health Connecter - ECHAlliance</u> have approached us here at the DMHIC to assist them with the creation of a podcast on Digital Mental Health!

This podcast will be low key 45-minute session explaining exactly what is happening in Scotland in terms of Digital Mental Health. With featured speakers:

- **Chris Wright**, Digital Mental Health National Advisor giving an overview to strategy and national priorities.
- **Nagore Penades**, Consultant Psychiatrist who'll be giving insights into the work of the West Regional Innovation hub.
- **Emma Fowler**, clinical lead in the Glasgow Greater Clyde area explaining digital therapies or group therapy.

This insightful session will be made available and circulated across both the ECHAlliance and the DMHIC network soon.

# HIN South London: upcoming event

# Collaboration in Research: Immersive Tech in Mental Health Webinar: 04 June, 11:00am–12:00pm

Develop a comprehensive digital strategy that encompasses all stages of the process, including pre-diagnosis and post-diagnosis.

Establish a coordinated approach among existing key workstreams, ensuring they are clearly defined, thoroughly documented, and accessible in a central repository to create a clear understanding of ongoing activities.

Assess the current landscape to identify gaps in services or resources and

determine where digital innovative solutions can be implemented to address those gaps.

Identify the immediate actions that can be taken, building on existing projects such as Redstar and ongoing efforts in Lothian.

Develop a long-term strategic plan that addresses broader objectives and ensures sustained progress.

Find out more and get your tickets here.

# Funding opportunities:

## 9 1. UKRI: Innovate UK Investor Partnerships: SME round seven

UK-registered SMEs can apply for grant funding alongside private investment from selected investor partners.

Most of the funding for the Future Economy Investor Partnership programme has now been fully committed. The only specific themes with remaining funding available are:

#### Health and wellbeing

- Advancing life-changing cancer therapeutics, focussed on immunotherapies and paediatric oncology (Cancer Therapeutics)

-The application of extended reality for digital mental health, including immersive content that could be delivered as a digital mental health therapeutic in formal healthcare settings (Mindset)

#### Next generation digital technologies

- Projects within the creative industries which are underpinned by innovative digital technology as well as sustainable innovations, such as circular fashion (Creative Catalyst)

## More information available here

## ? 2. UKRI: Women in Innovation Award 2024/25

Innovate UK, part of UK Research and Innovation, is offering up to 50 Women in Innovation Awards to women entrepreneurs within SMEs across the UK. The winners will receive a £75,000 grant and bespoke business support.

The aim of this competition is to fund and support a diverse portfolio of Women in Innovation Award winners:

- who will be relatable role models for women from all backgrounds
- who are solving a range of pressing societal, environmental, and economic

challenges in a variety of innovation areas

More information available here

# You might have missed:

## 1. Journal Article

ADHD Dog: A Virtual Reality Intervention Incorporating Behavioural and Sociocultural Theories with Gamification for Enhanced Regulation in Individuals with Attention Deficit Hyperactivity Disorder

This paper discusses the growing need for effective cognitive training methods, especially for people with ADHD. It introduces ADHD Dog, a virtual reality game aimed at supporting individuals with ADHD by combining VR technology and cognitive science.

Read the journal article in full here

## 2. Journal Article

Recommendations for Implementing Gamification for Mental Health and Wellbeing

This article discusses how combining ideas and research from different methods to give suggestions on how to use and implement games to improve mental health

Read the journal article in full here

3. Report

☆ Immersive Technology in the UK's Health Sector

Public First has worked with Meta and TechUK to convene the immersive tech sector across the country. This research reflects Public First's independent findings from a series of industry workshops hosted in Bristol, Glasgow, and Manchester, along with new public opinion polling and expert interviews.

Read the report in full here

# Connect with us on...

The DMHIC is on LinkedIn!

We post daily with the latest news, journal articles and upcoming events that we think will interest our network across all sectors!

Request to join our LinkedIn network:

Join our LinkedIn Network

# **DMHIC resources**

We host a number of DMHIC resources on our website, including video recordings of events (where possible), copies of speaker presentations, and any other relevant resources that you may wish to view on-demand.

Browse our resources and videos

Thank you for being part of our network!

Stay tuned for more exciting updates and until next month, take care!

Best wishes,

Joanne & Anna

# Visit the DMHIC webpage

Join our network - Make sure you select "Mental Health" under Health & Care Challenge interests

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#### Contact Us

Digital Health & Care Innovation Centre 1st Floor, Suite B, Inovo Building, 121 George Street, Glasgow, Scotland, G1 1RD Tel: +44 (0)141 444 7424 | Email us www.dhi-scotland.com

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