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Digital Health & Care
Innovation Centre



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Dear <<First Name>>

Welcome to the October instalment of your Digital Mental Health Innovation Cluster newsletter!

Here, we're fostering a community of innovators dedicated to improving lives. Join us as we explore ground-breaking research, share success stories, and highlight the collaborative efforts driving our mission forward.

Together, we're shaping the future of mental health through digital innovation.

If you know anyone else who'd like to receive the newsletter please forward it to them and ask them to join our network for free using the links at the bottom of this email.

Happy reading!

Contact us:






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[Digital Mental Health Innovation Cluster : Annual Report 2023-2024](#)

We are delighted to share the **Digital Mental Health Innovation Cluster Year 2 Annual Report (2023-2024)**! This report captures a year filled with growth, collaboration, and ground-breaking innovation as we continue to lead the charge in advancing digital mental health solutions in Scotland.

Here's what you'll find in the report:

-  21% growth in membership - now over 1,250 members
-  Major strides in digital mental health innovations focused on impactful outcomes
-  Key takeaways from events that brought together clinicians, businesses, and civic partners
-  International partnerships and knowledge-sharing on mental health technologies
-  New advancements in ADHD digital pathways, immersive technologies, and extended reality (XR)

Throughout the year, we've been at the forefront of building a sustainable innovation ecosystem, leveraging technologies like AI, VR, and gamification to scale mental health support. As we move into Year 3, we remain committed to strengthening collaborations, accelerating new ideas, and expanding our shared knowledge.

Read the full report by clicking the button below:

Digital Mental Health Innovation Cluster : Annual Report 2023-2024



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Digital Mental Health Innovation Cluster

Annual Report 2023-2024

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Mindset-XR Round 3: Collaboration Building Workshop

Date: 12 November, 10:00 AM - 11:00 AM

Location: Online

Join us for this workshop designed to spark new collaborations around the latest competition!

This is a great opportunity to connect with experts from the immersive technology sector and mental health providers. Build partnerships that can strengthen your application and take your ideas to the next level!

[🔗](#) Don't miss out, register by clicking the button below:

Mindset-XR Round 3: Collaboration Building Workshop

Innovate UK Mindset 3 Q&A

This October we hosted an insightful Q&A event with Innovate-UK (IUK) and Health Innovation Network (HIN) South London, diving into the fantastic funding opportunity for XR innovators-Mindset 3

What you'll discover in the recording:

- How to align your XR innovation with IUK's cutting-edge technology goals
- Insider tips from previous winners on securing funding
- Expert guidance on the application process from Scottish Enterprise

Don't miss this chance to get valuable insights to scale your innovation and contribute to the UK economy. If you couldn't join us live, catch up by watching the recording below!

[🔗](#) Watch the recording below



[Click to watch the IUK Mindset 3 Funding: Q&A Webinar](#)



Innovate
UK



ECHAlliance and DMHIC: Digital Mental Health in Scotland Podcast

We were thrilled to collaborate with ECHAlliance on a recent podcast, where we explored best practices in Digital Mental Health in Scotland. Joining the conversation were experts:

- **Chris Wright:** National Advisor for Digital Mental Health at The Scottish Government and Head of the Digital Mental Health Programme
- **Nagore Penades:** Consultant Psychiatrist (NHS Greater Glasgow and Clyde)
- **Emma Fowler-Stewart:** Consultant Clinical Psychologist/Clinical Lead in the Digital Therapies Team
- **Andy Bleaden:** Communities Director at ECHAlliance

Sharing their valuable insights and experiences in this rapidly evolving field!

Watch the full recording by clicking the button below:

Watch 'ECHAlliance and DMHIC: Digital Mental Health in Scotland' Podcast

DIGITAL HEALTH CONNECTORS:
Empowering Global Collaboration

#38
Digital Mental Health
in Scotland

Joanne Boyle
Digital Health & Care
Innovation Centre's
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and Strategic Lead for
DMHIC

Andy Bleaden
Communities Director
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Emma Fowler-Stewart
Clinical Psychologist

Chris Wright
National Advisory for
Digital Mental Health at
The Scottish Government

Nagore Penades
Consultant Psychiatrist
NHS Greater Glasgow

ECHAlliance logo, Digital Mental Health logo, Digital Health & Care Innovation Centre logo

'CONNECTing the Dots...Digital Innovations in Psychosis Care' Event

Date: Tuesday 26th of November, from 13:00-17:00pm

Location: Hybrid

The Contextual Mental Health Research Group would like to extend an invitation to the event:

'CONNECTing the Dots...Digital Innovations in Psychosis Care'

Join us for an engaging afternoon through this hybrid event exploring how digital devices and tools can predict relapses and inform mental health assessments, care and support in psychosis. The event will feature presentations and interactive sessions highlighting the role of service users in the CONNECT study. Lunch will be provided!

Our event will involve a series of sessions including:

- 📄 Learning Session hosted by a Patient Public Involvement member (further details to be released shortly)
- 📖 Learning Session hosted by an NHS clinician (further details to be released shortly)
- 🗣️ Round table discussions
- 🗣️ Presentations from our hosts: Prof. Sandra Bucci, Prof. Andrew Gumley and Prof. Matthias Schwannauer

You are welcome to attend **in-person** at one of our venues in **Glasgow or Edinburgh**, or alternatively join us **online via MS Teams**.

Please click the button below to register for tickets via Eventbrite:

Register for 'CONNECTing the Dots...Digital Innovations in Psychosis Care'



CONNECTing the dots...

Digital innovations in psychosis care

Join us for an afternoon of digital insights on predicting psychosis relapse with expert talks and round table discussions - lunch included!

November 26th 1pm to 5pm

**Join us in person in Edinburgh or Glasgow
or join online via MS Teams**

**Scan QR code for further
details and registration!**



You might have missed...


An E-Mental Health Strategy for Canada

 The 'E-Mental Health Strategy for Canada' report by the Mental Health Commission of Canada outlines a framework to expand digital mental health resources and improve access to care for Canadians. This strategy emphasises collaboration among healthcare providers, digital innovation, and user-centred design to create more inclusive, accessible mental health services. It highlights the need for privacy protections, adaptability across diverse populations, and solutions tailored to varying levels of digital access. The report calls for government and industry partnerships to drive sustainable e-mental health improvements nationwide.

Read the full strategy by clicking the button below:

[Read 'E-Mental Health Strategy for Canada'](#)


Agencies new digital training tool looks to bridge gap in rural mental health services in Australia

 The Rural Mental Health Education Enhancement Hub was launched on 9 October by the Three Rivers Department of Rural Health and the Murrumbidgee Primary Health Network to address the mental health needs of rural communities in Australia. This new online training platform offers students and mental health professionals easy access to educational materials and career development resources tailored specifically for rural challenges.

Read the full article by clicking the button below:

[Read 'Agencies new digital training tool looks to bridge gap in rural mental health services'](#)


HTN Now panel discussion: digital integrated care, new models of care, and moving from reactive to proactive

 A recent HTN Now panel discussion explored the role of digital technology in transforming healthcare from a reactive to a proactive model. The session highlighted how integrated care and digital tools, such as wearables and data analytics, are helping healthcare providers shift focus towards preventative care and personalised health management.

Read the full article by clicking the button below:

[Read 'HTN Now panel discussion: digital integrated care, new models of care, and moving from reactive to proactive'](#)

Connect with us on

 LinkedIn: We post daily with the latest news, journal articles and upcoming events that we think will interest our network across all sectors!

 [Join our LinkedIn Network](#)

DMHIC resources

We host a number of DMHIC resources on our website, including **video recordings** of events (where possible), copies of **speaker presentations**, and

any other relevant resources that you may wish to view on demand.

Browse our resources and videos

Thanks for reading and for being part of our network!

Stay tuned for more exciting updates and until next month, take care

Best wishes,

Joanne & Anna

 Visit the DMHIC webpage

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