



facilitated by



Digital Health & Care
Innovation Centre



Scottish Government
Riaghaltas na h-Alba
gov.scot

NOVEMBER 2024

(If there are problems with how this message is displayed, click [here](#) to view it in a web browser)

Dear <<First Name>>

Welcome to the November instalment of your Digital Mental Health Innovation Cluster newsletter!

Here, we're fostering a community of innovators dedicated to improving lives. Join us as we explore ground-breaking research, share success stories, and highlight the collaborative efforts driving our mission forward.

Together, we're shaping the future of mental health through digital innovation.

If you know anyone else who'd like to receive the newsletter please forward it to them and ask them to join our network for free using the links at the bottom of this email.

Happy reading!

Contact us:

Joanne Boyle DMHIC Strategic Lead: joanne.boyle@dhi-scotland.com

Anna Whyte DMHIC Project Support Assistant: anna.whyte@dhi-scotland.com

Exciting Opportunity: Wellcome Mental Health Award

The Wellcome Trust has announced its **Mental Health Award: Accelerating Scalable Digital Mental Health Interventions**, providing funding to advance research and development of scalable digital solutions for early intervention in depression, anxiety, and psychosis. This opportunity aims to support

interventions that can significantly reduce symptoms and functional impairments in these areas. Eligible projects must have:

- 🚀 A minimum viable product with feasibility data,
- 🧑‍🔬 A team with the research expertise required to drive impactful research,
- 🌐 An organisation capable of scaling the intervention (company or not-for-profit), and
- 💡 Lived experience experts actively engaged in the development process.

The DMHIC is thrilled to share this opportunity with cluster members and has been actively supporting ongoing applications and inquiries. As part of our role, we're available to assist cluster members in preparing for calls like this, ensuring you can make the most of this funding opportunity. We are excited to see the innovative projects our members are advancing in this critical space.

Learn More: Explore the research priorities, eligibility criteria, application requirements, and funding details by clicking the button below [↓](#)

Wellcome Mental Health Award: Accelerating Scalable Digital Mental Health Interventions

Spotlight on Mental Health in the Digital Workplace

On December 12th, the “**Connected Minds, Caring Workplaces: Addressing Mental Health in the Digital Era**” conference at the European Parliament in Brussels will take place. Organized by Edenred, this event highlights the challenges and opportunities digitalisation brings to workplace mental health.

The panel, “**Prioritizing Mental Health: The Business Case for Investing in Employee Well-Being in the Digital Age**”, will explore the effects of remote work, digital fatigue, and constant connectivity on mental health. It will emphasize the role of public authorities, trade unions, and employers in fostering mentally healthy workplaces through policies and collaboration.

Joining this panel discussion will be Suzanne Hutchison, Social Determinants Team Leader in the Wellbeing and Prevention Unit of the Mental Health Directorate at the Scottish Government. This session is part of a broader effort to keep workplace mental health at the forefront of the European agenda.

🔗 You can read more about this conference and register to attend by clicking the button below ↓

Connected Minds, Caring Workplaces: Addressing Mental Health in the Digital Era Conference

ECHAlliance and DMHIC Podcast

🎧 Just in case you missed it, the DMHIC had the wonderful opportunity to collab with ECHAlliance on this podcast giving insights on best practices in Digital Mental Health in Scotland alongside Chris Wright, Nagore Penades, Andy Bleaden and Emma Fowler-Stewart!

🔗 Watch the recording below ↓



Click to watch the [ECHAlliance and DMHIC Podcast](#)

'CONNECTING the Dots...Digital Innovations in Psychosis Care' Event

On **November 26th**, the **DMHIC** had the opportunity to attend the insightful event '**CONNECTING the Dots... Digital Innovations in Psychosis Care**', an afternoon dedicated to exploring the role of digital tools and devices in predicting psychosis relapse and informing mental health care.

The event featured expert talks and interactive workshops, including presentations from leading researchers such as Prof. Sandra Bucci, Prof. Andrew Gumley, and Prof. Matthias Schwannauer.

Highlights included Professor Bucci's presentation on the **CONNECT Digital Study**, which showcased cutting-edge research on digital interventions in psychosis care. Professor Gumley discussed the complexities of relapse in psychosis, while Professor Schwannauer introduced new developments in digital mental health tools.

A standout moment was the discussion on the integral role of service users in the **CONNECT study**, emphasizing the importance of lived experience in shaping effective care solutions.

This event provided an excellent opportunity for the DMHIC team to learn from healthcare professionals and researchers about the latest advances in digital mental health tools for psychosis management. It also fostered valuable networking and knowledge-sharing, reinforcing the importance of collaboration across sectors to improve care for individuals experiencing psychosis.



DMHIC Attends NRS Mental Health Network Annual Scientific Meeting

The DMHIC was pleased to attend the **2024 NRS Mental Health Network Annual Scientific Meeting** on November 7th. This year's event, themed "**Balancing Viewpoints: Rights, Data, and Empowerment**," provided a rich platform for exploring the intersection of mental health research, patient rights, data use, and empowerment in Scotland.

The meeting featured insightful discussions, with keynotes from Professor Dame Anna Dominiczak, Chief Scientist for Health, who delivered the opening address. Her speech set the tone for a day of thought-provoking presentations and discussions on the evolving landscape of mental health research and policy.

The hybrid format allowed a diverse group of professionals, researchers, and

advocates from across Scotland to engage in meaningful dialogue. The DMHIC team found the event particularly informative, gaining valuable insights into emerging trends in mental health research and data use.

Overall, the event was an excellent opportunity to connect with colleagues, share knowledge, and strengthen the collective commitment to improving mental health outcomes in Scotland, we're already looking forward to the next!

NHS
SCOTLAND
NHS RESEARCH SCOTLAND
MENTAL HEALTH

Mental Health Annual Scientific Meeting
7 November 2024 | COSLA Conference Centre, Edinburgh

FREE
to attend

Connect with us on

🔗 **LinkedIn:** We post daily with the latest news, journal articles and upcoming events that we think will interest our network across all sectors!

 **Join our LinkedIn Network**

DMHIC resources

We host a number of DMHIC resources on our website, including **video recordings** of events (where possible), copies of **speaker presentations**, and any other relevant resources that you may wish to view on demand.

[Browse our resources and videos](#)

Thanks for reading and for being part of our network!

Stay tuned for more exciting updates and until next month, take care

Best wishes,

 Visit the DMHIC webpage

Copyright © 2022, Digital Health & Care Innovation Centre, All rights reserved.

Contact Us

Digital Health & Care Innovation Centre
1st Floor, Suite B, Inovo Building, 121 George Street, Glasgow, Scotland, G1 1RD
Tel: +44 (0)141 444 7424 | [Email us](#)
www.dhi-scotland.com

You are receiving this Digital Mental Health Innovation Cluster email because you have previously joined the Digital Health & Care Innovation Centre network and selected Mental Health as one of your interests.

Want to change how you receive these emails?

Click [here](#) to unsubscribe from this list
View our [Privacy Notice](#) and [Cookies Policy](#)